

NOTICE

POTENTIAL HEALTH RISKS FROM BLUE-GREEN ALGAE

New Mexico lakes and reservoirs have blue-green algae (cyanobacteria). Under certain conditions blue-green algae can produce toxins that have been linked to human and animal illnesses. Blue-green algae blooms can occur anytime, but most often occur in late summer or early fall. Not every algae bloom result in a toxic condition. Toxic events are not predictable, and you cannot tell if a bloom is toxic by looking at it.

SYMPTOMS OF ILLNESS:

- Rash, hives, or skin blisters.
- Runny eyes and nose, sore throat, asthma-like symptoms, or allergic reaction.
- Acute, severe abdominal pain, diarrhea and/or vomiting, and nervous system effects including dizziness and numbness.
- Symptoms may take minutes to days after exposure to show up in people or animals.

PREVENTION:

- Don't swim, water ski, or boat in areas where the water is discolored or where you see foam, scum, or mats of algae on the water.
- If you, your children, pets or livestock do swim in water suspected to contain blue-green algae, rinse off with fresh water as soon as possible.
- Avoid swallowing, ingesting, or inhaling water from algal bloom areas.

GET MEDICAL TREATMENT IMMEDIATELY IF YOU THINK YOU, YOUR CHILDREN, YOUR PET, OR YOUR LIVESTOCK MIGHT HAVE BEEN EXPOSED AND ARE SHOWING SYMPTOMS.

FOR MORE INFORMATION CONTACT:

| | |
|----------------------------------|-----------------------|
| NM State Parks Division | 505-476-3355 |
| NM Environment Department | 505-827-0314 |
| NM Department of Health | 1-800-879-3421 |
| NM Poison Control Center | 1-800-222-1222 |



HEALTH WATCH

Harmful algae in water!

AVISO: ¡Hay algas peligrosas en el agua!

X = not safe / *No es seguro*

! = avoid algae / *Evite las algas*

✓ = OK



Drinking the water
Beber el agua



Paddling
Remar



Wading
Caminar en el agua



Dogs
Perros



Swimming
Nadar



Jet/water skiing
Esquí acuático



Eating fish
Comer pescado



Boating
Paseo en barco

LEARN MORE AT:

[www.env.nm.gov/
surface-water-quality/habs](http://www.env.nm.gov/surface-water-quality/habs)

Aprende más en



FEELING SICK?

Get help at:

¿Enfermo? Llame al

1-800-222-1222

New Mexico Poison Information Center
Centro de información de venenos

Animals Sick?

Get help at:

¿Enfermedad de Animales?

1-888-426-4435

Pet Poison Control
Centro de control de venenos